# **RF Exposure Calculator**

#### **Parameters**

- Power at Antenna: 10 (watts)
  Mode duty cycle: Conversational CW (duty cycle=40%) 
  Transmit duty cycle: (time transmitting) You transmit for 1 
  minutes then receive for 1 
  minutes (and repeat).
- Antenna Gain (dBi): 2.15
- Operating Frequency (MHz): 28

✓ Include Effects of Ground Reflections

This calculator should not be used for antennas that are less than 20 cm (8 in) from a person.

#### **Results for a controlled environment:**

Maximum Allowed Power Density (mW/cm <sup>2</sup> ): 1.1480	
Minimum Compliance Distance (feet): 0.7917	
Minimum Compliance Distance (meters): 0.2413	

### For an uncontrolled environment:

Maximum Allowed Power Density (mW/cm <sup>2</sup> ): 0.2296	
Minimum Compliance Distance (feet): 1.7703	
Minimum Compliance Distance (meters): 0.5396	

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